

CURRICULUM SESSION 2026-27 CLASS -XII SUBJECT- PHYSICAL EDUCATION
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Dates	Examination	Marks	Topics
6.7.2026-14.7.2026	PWT1	20	Unit-1 Management of Sporting Events
			Unit-2 Children and Women in Sports
			Unit-3 Yoga as Preventive Measure for Lifestyle Disease
10.9.2026–24.9.2026	Mid term	70	Unit-1 Management of Sporting Events
			Unit-2 Children and Women in Sports
			Unit-3 Yoga as Preventive Measure for Lifestyle Disease
			Unit-4 Physical Education & Sports for CWSN
			Unit-5 Sports and Nutrition
			Unit-6 Test and Measurement in Sports
4.12.26–16.12.2026	Pre-board 1	70	Unit-7 Physiology and Injuries in Sports
			Unit-8 Biomechanics and Sports
			Unit-9 Psychology and Sports
			Unit-1 Management of Sporting Events
28.12.2026- 15.01.2026	Pre-board 2	70	Entire syllabus
Feb-March 2027	CBSE EXAM		Entire syllabus